7th GRADE HEALTH

Ms. Sykes and Mr. Jackson

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Students will comprehend and demonstrate basic health concepts. With this newly gained information, students will be able to make informed decisions about their personal health.

PARENTS: If I need to communicate something to all parents, I will use skyward. PLEASE update your information in skyward so that you will receive communications. Resources for class are posted on the Bowie website under my name.

TOPICS:

* Tobacco Nutrition
* Drugs and Alcohol Human Growth and Development
* Non-communicable diseases Abstinence
* Communicable diseases Social Health
* First Aid and CPR Mental Health

SUPPLIES:

* Health notebook - a separate notebook with pockets and paper is required. Pockets are necessary for handouts. This is where all daily work will be completed and kept for grading. This notebook will be kept in the classroom - it is NOT to leave the room!
* Pens, pencils, and colored pencils
* Please feel free to donate tissue and hand sanitizer. Thanks

CLASSROOM EXPECTATIONS:

* Be on time.
* Complete bell ringer assignment immediately upon entering the class.
* Students must maintain a separate Health notebook and keep it in the classroom.
* Take care of personal needs between classes.
* Bring a pen and pencil daily.
* Stay seated.
* Ask questions at appropriate times and use mature language.
* Sharing is encouraged -Confidentiality is MANDATORY!
* Apply what is learned to real life decisions!